

Ministry of Defence Saudi
Arabian Project
Castlewood House
LONDON

26 Feb 09

SO3 TorProp/TT/1/1/Logs

ADMINISTRATION ORDER NO 01/09

RAF TEN TORS TRAINING WEEKEND 3-5 APR 09

Time Zone Used Throughout the Order: UK LOCAL TIME

SITUATION

1. The 2009 Ten Tors expedition will be held on Dartmoor over the period 8 - 10 May 2009. OIC RAF Ten Tors Trg is required to conduct a training weekend, in advance of the main event, for all RAF sponsored teams wishing to participate. The RAF training weekend will take place on Dartmoor from 3 – 5 April 2009, when teams will be scrutinized for competency and efficiency.

MISSION

2. To provide training for the RAF sponsored teams in the skills, knowledge and attitude required to successfully complete the 35, 45 and 55-mile routes of the Ten Tors expedition, whilst assessing their ability at this stage of their training, with a view to suitability to participate and complete the main event.

GENERAL

3. This Order relates specifically to the RAF training weekend, which takes place on Dartmoor during the period 3 - 5 April 2009:

- a. Programme. The programme for the training weekend is shown at Annex A.
- b. Instructions for the OIC RAF Ten Tors Trg. Instructions for the OIC RAF Ten Tors Trg are shown at Annex B.
- c. Checkpoint Information. Checkpoint information including any crash times is given at Annex C, Appendices 1-16.
- d. Support Units. Units supporting and accompanying teams are to assist in the manning of checkpoints and transport as detailed at Annex D.
- e. River Crossings. River crossing information is given at Annex C, Appendices 17-21.

COMMAND AND CONTROL

4. Flt Lt K N Scott (SO3 Tor Prop, MODSAP) is the OIC RAF Ten Tors Trg. The staff listed at Annex E will assist him. Additionally, Plymouth & Cornwall Wing personnel will carry out co-ordination and control tasks after setting up a communication link with each checkpoint party. Plymouth & Cornwall Wing will also provide a female chaperone to supervise the ATC female cadets.

5. Control will be located at building 136, Okehampton Training Camp during the booking in process on Friday evening (3 Apr 09). Saturday morning (4 Apr 09) Control will be relocated to Willsworthy Camp for the duration of the first days exercise. Once all Teams have been accounted for at Willsworthy Campsite, Control will be relocated back in building 136, Okehampton Training Camp for the remainder of the exercise.

PERSONNEL

6. Travel and subsistence for support staff is the responsibility of individual units. Detailed instructions for the RAF supporting staff will be issued separately.

7. **All team managers and safety staff are reminded that this is a 48-hour commitment and must be contactable at all times by the control team.** It should be noted that all staff and transport are at the direction of the OIC RAF Ten Tors Trg and their control team. All are not to leave the area of the exercise unless authorized and all teams are accounted for. Any team member dropping out will be returned to Base Camp and then onto their team manager. Team managers will be allowed to visit their team(s) at the campsite on Saturday night to check on the welfare of their Team individuals. However, no interference with the Team's campcraft and cooking will be tolerated.

MATERIAL AND SERVICES

8. Base Camp. The base camp will be **Okehampton Training Camp, Dartmoor.** Participating units are to note that shelter, water and sanitation facilities at the camp will be available for teams and support groups. Hard accommodation has been booked and is available for sleeping; however, all personnel will require sleeping bags. **No keys will be issued to accommodation blocks and padlocks should be brought to secure personal kit in the lockers provided.** All teams will start from Okehampton on Day 1 and finish at Okehampton Camp on Day 2.

9. Catering. It should be noted that no cooking facilities are available and that Contract Caterers will cater for personnel in Building 47. Paper plates & plastic cutlery will be provided. Meal timings are as follows:

<u>Date</u>	<u>Meal</u>	<u>Time</u>
Fri 3 Apr	Evening/Dinner	1900 - 1945
Sat 4 Apr	Breakfast	0600 - 0630
	Evening/Dinner	1900 - 1945 (support staff & drop outs)
Sun 5 Apr	Breakfast	0600 - 0630 (support staff & drop outs)
	A hot container meal will be provided at 1100 hrs.	

To assist, all team managers are to confirm meal requirements with OIC RAF Ten Tors Trg by COP 15 Mar 08. OIC RAF Ten Tors Trg is to confirm approximate numbers of meals required for each sitting to the Contract Catering Services by 20 Mar 09. Each team will be given an RAF Ten Tors meal voucher, which entitles their team to eat in the Mess (Building 47). Teams will be expected to be self sufficient from after breakfast on the Saturday. **Non-entitled personnel will be required to pay for food taken in the Mess.**

10. Medical. There are no medical facilities at Okehampton Training Camp. Supporting staff hold First Aid qualifications and will deal with any incidents as and when they occur. Incidents that are beyond the scope of the support staff will be transferred to the civilian medical centre in Okehampton or nearest local hospital. Personnel who are taking medication or use inhalers etc are to ensure that they bring enough supplies to support them for the weekend and inform their team managers who must declare this on the Team sheet at Annex G. RAF Wyton Medical Centre will provide suitable first aid kits for the base camp, as well as safety teams whilst on the moor.

11. Transport. Units are to provide transport sufficient for the needs of their teams and support staff. Additionally, unit transport may be required for safety cover during the day to transport 'fallout's' from finish points to Okehampton Camp as required. RAF Wyton and DCAE Cosford will each provide 1 x LDV in support of the base camp. It is possible that your vehicle will be used to transport cadets and staff that are not from your unit. Ensure that your travel cell is aware of this requirement.
12. Equipment. A list of the minimum compulsory equipment to be carried by teams on the Ten Tors training weekend is shown at Annex F. The personal and team equipment of all participants will be checked by the specialist support staff during the registration period. **Personnel who, in the judgement of the specialist staff, do not possess adequate equipment will not be allowed to participate in the training weekend.** Managers are advised to pre-check their teams using the Ten Tors Equipment guide as a reference. RAF Wyton Fire Section will provide suitable First Aid Fire Fighting Appliances for emergency use at the Willsworthy Campsite on the Saturday night (4 Apr 09).
13. Communications. OC Comms, RAF Wyton, is requested to provide 9 x mobile phones for communications for the period 2 - 5 Apr 09. The phones will be issued to the hill safety teams, OIC RAF Ten Tors Trg, base camp and support staff on 2 Apr 09.
14. Team Information Sheet. Team managers are to complete the Team Information sheet at Annex G. This is to be handed to the controlling staff on arrival at Okehampton camp on the Friday evening. **To assist with allocation of accommodation and food requirements all Team managers are to confirm with the OIC RAF Ten Tors Trg the male/ female breakdown of their team ASAP but NLT 15 Mar 09.** Additionally team managers must ensure that the map and FTT5 (Green card) are brought with them for use over the weekend.
15. Risk Assessment. Risk assessment information is given at Annex H. Verification of the risk assessment will be carried out on Friday evening 3 Apr 09 at Okehampton Trg Camp.
16. Foul Weather Route. In the event (deemed by the OIC RAF Ten Tors Trg) of foul weather, the alternative low level route (avoiding river crossings) and arrangements at Annex J will be utilized.



K N SCOTT
Flt Lt
OIC RAF TEN TORS TRG

Authentication:



D HOWIE
Sqn Ldr
SO2 FD & AT

Annexes:

- A. Programme for the Training Weekend.
- B. Instructions for RAF Ten Tors Controller.
- C. Checkpoint Information.
- D. Manning of Checkpoints.
- E. Directing Staff for the Training Weekend.
- F. Minimum Compulsory Equipment.
- G. Ten Tors Team Information Sheet.
- H. Ten Tors Risk Activity Assessment.
- J. Foul Weather Route.

Distribution:

All Team Managers

SO2 FD & AT - RAF High Wycombe

WO AT - RAF High Wycombe

MT - DCAE Cosford

Fire Section - RAF Wyton

OC Comms - RAF Wyton

OC Comms - HMS Nelson

Med Centre - RAF Wyton

MT - RAF Wyton

Flt Lt K Hemsil (40 Rogate Drive, Thornbury, Plymouth, PL6 8SY)

Copy to:

DACOS Trg Mgt, RAF High Wycombe

SO1 PEd Management, RAF High Wycombe

RAF Cranwell (Attn HQ Air Cadets SASO)

Okehampton Training Camp - Commandant

OC HQ Devon & Somerset Wg ATC: Wyvern Bks, Barracks Rd, Exeter, Devon, EX2 6AR.

OC HQ Dorset and Wilts Wg ATC: Bldg 422, RAF Boscombe Down, Salisbury, Wilts, SP4 OJF

OC HQ Plymouth and Cornwall Wg ATC: RAF St Mawgan, Newquay, Cornwall, TR8 4HP.

OC HQ Bristol & Gloucester Wg ATC: 4 Highcliffe Dve, Quedgley, Gloucester, GL2 6QN.

All RAF Ten Tors Support Staff

PROGRAMME FOR THE RAF TRAINING WEEKEND

1. Arrival and Accommodation. The teams are to arrive at Okehampton Camp (GR 587932) between **1600-1900 hrs on Fri 3 Apr 09.**
2. Check-In Procedure. Team managers are to report immediately to the OIC RAF Ten Tors Trg on arrival. The OIC RAF Ten Tors Trg will be situated in **Building 136**, which is adjacent to the Guardroom. The OIC RAF Ten Tors Trg will detail accommodation areas and initiate team registration.
3. Delays/Emergencies. Teams likely to be delayed beyond 1900 hrs on Fri 3 Apr 09 are to contact **OIC RAF Ten Tors Trg on 020 7829 8558** before 2 Apr, or **OIC RAF Ten Tors Trg on 01837-52241 Ext 3280 or 07967 328892** on the 3 Apr 09.
4. Kit Check. All teams are required to have their kit scrutinized between **1600-2100 hrs on Fri 3 Apr 09.** Ensure you have the official Ten Tors map and FTT5.
5. Route-Check. Team Leaders are to have their route plan checked by the OIC RAF Ten Tors Trg's staff between **1600-2100 hrs on Fri 3 Apr 09.** Team managers are reminded that route cards (FTT 5) should have been completed before the check begins. Only teams who have had their route plans checked will be allowed to participate.
6. Team Managers/Leaders Briefings. The team managers and team leaders briefing will be at **2100 hrs on Fri 3 Apr 09.** Managers are to assemble in **Building 136, whilst Team Leaders are to assemble in the Old Guardroom.** Checkpoint parties will receive their packs from the OIC RAF Ten Tors Trg during this briefing.
7. Reveille. Reveille will be at **0530 hrs on Day 1 (Saturday).**
8. Team Briefing. A final briefing for all participants will take place at **0650 hrs. All teams are to assemble in front of Building 136.** Teams will assemble depending on their route and the briefing will include fall-out procedures. Team managers are to ensure that their teams are assembled by **0645 hrs.**
9. Booking-Out. When complete and ready to start, **teams must book out at the Control point at the boundary fence nr Bldg 92** and receive a **START STAMP** before proceeding onto the Moor.
10. Okehampton Camp Control. Plymouth & Cornwall Wing staff, who will exercise central control, will assist the OIC RAF Ten Tors Trg by co-ordinating information and support through a radio link with each checkpoint party. Wing staff will record the progress of teams and initiation arrangements for fall-outs return to Okehampton (Tor parties would normally bring these back). They will liase with team managers and call for support as required. Billet Orders will be issued to Teams on booking in Fri 3 Apr 09.
11. Booking-In at Checkpoints. Teams are to book in at all checkpoints in the order detailed on their route card and are reminded that the checkpoints will be manned from the time stated on the route cards. The emergency telephone number will be confirmed at the team managers briefing. **Teams missing 2 successive checkpoints, or failing to reach the overnight camp, must telephone Control at the first opportunity and request instructions.**
12. Overnight Camping. All Teams will be expected to camp overnight on the moor,

adjacent to Willsworthy Camp at the completion of Day 1. Porta-loos and drinking water will be available. The overnight camping area will be supervised by the Support Staff.

13. Booking-In on Return. On arrival at Okehampton Camp, at the completion of the exercise, all participants (teams and any fallout's) are to book into the Control.

14. Departure. Before departure, teams are to ensure that reserve maps are returned to the Controller and that their camping area is clean. Tor Checkpoint groups are to return Checkpoint packs and stamps. Rubbish is to be deposited in polythene bags and placed in the skip (if provided), otherwise it is to be taken away.

ANNEX B TO
ADMIN ORDER 01/09
DATED 26 FEB 09

**INSTRUCTIONS FOR THE OIC RAF TEN TORS TRAINING AND PLYMOUTH AND
CORNWALL WING (P & CW) STAFF**

Note: The OIC RAF Ten Tors Trg will be assisted in his duties by P & CW staff in the base camp and by safety teams on the moor.

OIC RAF TEN TORS TRG

1. Set up Control Centre at Okehampton Camp, Bldg 136 by 1300 hrs on Fri 3 Apr 09.
2. Set up Control Centre at Willsworthy Camp by 0630 hrs on Sat 4 Apr 09.
3. Set up Control Centre at Okehampton Camp, Bldg 136 by 2200 hrs on Sat 4 Apr 09.
4. Allocate accommodation to team managers and keep a record so that team managers can be contacted in the event of an emergency.
5. Collect nominal rolls from team managers as soon as they arrive and transcribe the list of team members to control sheets and route sheets.
6. Prepare Checkpoint Record Sheets, and issue them to checkpoint teams.
7. Sound reveille at 0530 hrs on Sat and ensure that it is observed. Summon all participants to parade at Building 136 by 0645 hrs on Sat ready for final briefing.
8. Book teams out at the Control after the briefing on Sat. Confirm the names of team members and obtain leaders confirmation that the list is correct. Confirm that teams have a reserve map.
9. Ensure that Control is manned throughout the exercise and that a vehicle and driver are always available to respond to an emergency.
10. Record on the control sheets any progress information received during the exercise and action any requests from teams for help, for example - in event of an accident, illness or becoming lost.
11. Hand back buildings to QM at pre-arranged time on Mon 6 Apr 09.

PLYMOUTH AND CORNWALL WING STAFF

1. At the conclusion of the expedition, book in each individual on his arrival at base, indicating whether he/she completed the expedition or retired. Record details on record sheet and collect all items issued to checkpoint staffs (clipboards, maps and control sheets).
2. Set up the Communication Caravan at Holming Beam (GR 592765) by 0700 hrs on Sat 4 Apr 09.
3. Set up the Communication Caravan at GR599622 by 0800 hrs on Sun 5 Apr 09.

RAF TEN TORS TRAINING WEEKEND PROGRAMME - DAY 1 AND 2

CHECKPOINTS	CHECKPOINT NUMBERS			ROUTE ALPHA (Distances in Km)		ROUTE BRAVO (Distances in Km)		ROUTE CHARLIE (Distances in Km)		CHECKPOINT OPEN TIMES (APPROX)
	A	B	C	Distance from last checkpoint	Cumulative distance	Distance from last checkpoint	Cumulative distance	Distance from last checkpoint	Cumulative distance	
DAY 1										
OKEHAMPTON										From
OKE	1	1	1	3.5	3.5	3.5	3.5	3.5	3.5	0715
* Steeperton Gorge Head	2	2	2							0730
SHILSTONE	3	3	-	4.7	8.2	4.7	8.2	-	-	0745
* Walla Brook	4	4	3							0745
WATTERN	5	5	4	4.8	13.0	4.8	13.0	3.9	7.4	0745
SITTAFFORD	6	6	5	4.5	17.5	4.5	17.5	4.5	11.9	0830
* Sandy Hole Pass	7	7	6	2.0	19.5	2.0	19.5	2.0	13.9	1000
LOWER WHITE TOR	8	8	7	2.7	22.2	2.7	22.2	2.7	16.6	1000
BEARDOWN	9	-	-	3.0	25.2	-	-	-	-	1015
CONIES DOWN	10	9	8	2.1	27.3	3.0	25.2	3.0	19.6	1015
LYNCH	11	10	9	2.8	30.1	2.8	28.0	2.8	22.4	1030
* Tavy Cleave	12	11	10							1115
HARE	13	12	11	4.2	34.3	4.2	32.2	4.2	26.6	1115
WILLSWORTHY	CAMP			3.2	37.5	3.2	35.4	3.2	29.8	1200

CHECKPOINT NUMBERS	ROUTE ALPHA (Distances in Km)		ROUTE BRAVO (Distances in Km)		ROUTE CHARLIE (Distances in Km)		CHECKPOINT OPEN TIMES (APPROX)			
	A	B	C	Distance from last checkpoint	Cumulative distance	Distance from last checkpoint		Cumulative distance	Distance from last checkpoint	Cumulative distance
Checkpoints DAY 2										
WILLSWORTHY										
GREAT LINKS	1	1	1	4.3	4.3	4.3	4.3	4.3	4.3	0730
KITTY TOR	-	2	-	-	-	1.2	5.5	-	-	0800
SOURTON TOR	2	3	-	3.3	7.6	3.5	9.0	-	-	0800
KITTY TOR	3	-	2	3.5	11.1	-	-	1.7	6.0	0800
* Sandy Ford	5	-	3	-	-	-	-	-	-	0815
DINGER TOR	6	-	4	2.0	13.1	-	-	2.0	8.0	0830
* Western Okement	-	4	-	-	-	-	-	-	-	0845
OP15	7	-	-	1.6	14.7	-	-	-	-	1000
OKEHAMPTON	8	5	5	4.6	19.3	5.6	14.6	4.6	12.6	1000
				TOTAL	56.8 Km	TOTAL	50 Km	TOTAL	42.4 Km	

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **OKEHAMPTON CAMP (591932)**

MANNING HOURS: DAY 1: 0630-2000 hrs.
 DAY 2: 0700 -ENDEX

BASE CAMP TELEPHONE: 01837-52241 **Ext 3280**.
24 hr Emergency Mobile Number – to be confirmed.

1. Set up the control in Bldg 136 and man for the period indicated.
2. Liaise with Control.
3. Ensure that any fall-outs are accommodated and are fed and watered. It is suggested that they are gathered in one billet block for ease. Check their welfare regularly.
4. Hand fall outs to Team managers only! On hand back to team managers, ensure that you obtain a signature for each.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **OKE TOR (613900)**

MANNING HOURS: DAY 1: From 0715 hrs until stood down

BASE CAMP TELEPHONE: 01837-52241 **Ext 3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park beside the road at 605897 and walk to the Tor. Erect your tent at the Tor.
2. All teams should report in at this Checkpoint. Discourage teams and individuals from falling out except in the case of illness or physical injury.
3. All fall-outs are to be returned to Okehampton Camp (591932). Ensure that all fallouts check in at Okehampton.
4. No team may proceed with fewer than 4 members. The remainder may be linked with another team once you have recorded their names. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
5. Some teams encountering difficulty en- route to Wattern Tor may turn back for assistance. Exercise discretion in advising teams if conditions are bad.
6. Having closed your checkpoint, ensure that all fall-outs have reached Okehampton Camp.
7. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
8. You have responsibility for the Staff/Managers manning Steeperton Gorge river crossing, including keeping them informed if EXERCISE HOLD, EXERCISE WITHDRAWEL are in force as well as stand down times etc.
9. Advise the OIC RAF Ten Tors Trg of any changes needed to this appendix.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **SHILSTONE TOR (658902)**

MANNING HOURS: DAY 1: From 0745 hrs until stood down

BASE CAMP TELEPHONE: 01837-52241 **Ext 3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park at 668908 and walk to the tor.
2. 45 and 55 Teams are scheduled to call at this checkpoint. Individuals wishing to fall out at this point should not be urged to continue. The next stage is 13.5 km across open moorland. If you are in any doubt about individuals or team's fitness to proceed, then you are empowered to withdraw the team. No team is to proceed beyond this point after 1300 hrs.
3. You must convey fall-outs to Okehampton Camp when you close your checkpoint. If there are too many for your vehicle, call control and request assistance.
4. No team may proceed with fewer than 4 members. The remainder may be linked with another team once you have recorded their names.
5. In the event of bad weather teams encountering difficulty may turn back for assistance. Exercise discretion in advising teams if conditions are bad.
6. Keep a detailed list of all teams which pass through your checkpoint, including times and details of drop outs.
7. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
8. Advise OIC RAF Ten Tors Trg of any changes needed to this appendix.

THIS CHECKPOINT IS ON PRIVATE LAND OUTSIDE THE RANGE BOUNDARIES.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **WATTERN TOR (613900)**

MANNING HOURS: DAY 1: From 0745 hrs until stood down

BASE CAMP TELEPHONE: 01837-52241 Ext 3280

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park at 610883 and walk to the Tor.
2. Discourage teams and individuals from falling out except in the case of illness or physical injury. If you are in any doubt about individuals or team's fitness to proceed, then you are empowered to withdraw the team. No team is to be allowed to proceed beyond this point after 1300 hrs.
3. You must convey fall-outs to Okehampton Camp when you close your checkpoint. If there are too many for your vehicle, call control and request assistance.
4. No team may proceed with fewer than 4 members. The remainder may be linked with another team once you have recorded their names.
5. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
6. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
7. You have responsibility for the Staff/Managers manning Walla Brook river crossing, including keeping them informed if EXERCISE HOLD, EXERCISE WITHDRAWEL are in force as well as stand down times etc.
8. Advise the OIC RAF Ten Tors Trg of any changes needed to this appendix.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **SITTAFFORD TOR (633830)**

MANNING HOURS: DAY 1: From 0830 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 Ext 3280

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park in Postbridge (647780) and walk to the Tor.
2. All teams should report in at this Checkpoint. The aim is to get all teams to Willsworthy before it is dark, especially in poor weather.
3. No teams are to camp overnight at this Tor. Those arriving after the crash time (1330) are to be directed to Postbridge and control informed. Transport will be arranged.
4. You will need 2 x 2 man tents to act as control.
5. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
6. No team may proceed with fewer than 4 members. The remainder may be linked with another team once you have recorded their names.
7. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
8. You have responsibility for the Staff/Managers manning **Sandy Hole Pass** river crossing, including keeping them informed if EXERCISE HOLD, EXERCISE WITHDRAWAL are in force as well as stand down times etc.
9. Advise the OIC RAF Ten Tors Trg of any changes needed to this appendix.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **LOWER WHITE TOR (619792)**

MANNING HOURS: DAY 1: From 1000 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 **Ext 3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park at Postbridge (647780) and walk to the Tor. Erect your tent beside the Tor.
2. All teams should report in at this Checkpoint.
3. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
4. No team may proceed with fewer than 4 members. The remainder may be linked with another team once you have recorded their names.
5. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return checkpoint pack to OIC RAF Ten Tors Trg.
6. After 1500 all teams are to be directed to Postbridge for transport to Campsite, checkpoint party will need to contact control to arrange for transport if they cannot handle amount of teams in their vehicles.
7. Advise the OIC RAF Ten Tors Trg of any changes needed to this appendix.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **BEARDOWN (602773)**

MANNING HOURS: DAY 1: From 1015 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 **Ext 3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park at Holming Beam (592765) and walk to the Tor. Erect your tent near the Tor on high ground.
2. Only the 55 Teams are scheduled to call at this checkpoint. Any fall outs should be directed to Holming Beam.
3. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
4. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return checkpoint pack to OIC RAF Ten Tors Trg.
5. After 1530 all teams are to be directed to Holming Beam for transport to Campsite.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **CONIES DOWN (588791)**

MANNING HOURS: DAY 1: From 1015 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 Ext 3280

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park at Holming Beam (592765) and walk to the Tor. Erect your tent near the Tor on high ground.
2. All teams should report in at this Checkpoint. There is no point in a team or individual falling out here. They would need to carry on to Lynch Tor or walk down towards Holming Beam.
3. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
4. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return checkpoint pack to OIC RAF Ten Tors Trg.
5. After 1515 all teams are to be directed to Holming Beam for transport to Campsite.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **LYNCH TOR (565806)**

MANNING HOURS: DAY 1: From 1030 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 **Ext 3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Parking is not allowed at Bagga Tor CP and so checkpoint party must be dropped off and walk up to the check point, to be picked up later.
2. Set up your checkpoint at the Tor not the Cairn to the SE.
3. All teams should report in at this Checkpoint. Checkpoint is to remain open until all teams have been checked through.
4. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
5. You must convey fall-outs to Okehampton Camp, unless briefed otherwise. You may need to call for transport, through control, to be available for the dropouts.
6. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
7. Advise the OIC RAF Ten Tors Trg of any changes needed to this Appendix.
8. After 1700 all teams are to be directed to transport for Campsite.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **HARE TOR (551843)**

MANNING HOURS: DAY 1: From 1115 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 **Ext 3280**
24 Hr Emergency Mobile Number – To be confirmed.

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park at Willsworthy Camp. The track to Willsworthy Camp is adjacent to Beardon Farm (on the other side of the road). Do **NOT** drive to the range gate. Walk up to the check point by proceeding through 2 sets of gates onto the Moor.
2. Set up your checkpoint at the northern side of the Tor (be aware of bird sensitive areas).
3. All teams should report in at this Checkpoint. Checkpoint is to remain open until all teams have been checked through.
4. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
5. No fallouts will be accepted here, as they will have to walk down to Willsworthy Camp for transport.
6. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
7. You have responsibility for the Staff/Managers manning **Tavy Cleave** river crossing, including keeping them informed if EXERCISE HOLD, EXERCISE WITHDRAWEL are in force as well as stand down times etc.
7. Advise the OIC RAF Ten Tors Trg of any changes needed to this Appendix.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **WILLSWORTHY (522839)**

MANNING HOURS: DAY 1: 1500 - 2400 hrs.

DAY 2: 0001 - 1000 hrs.

BASE CAMP TELEPHONE: 01837-52241 Ext 3280
24 Hr Emergency Mobile Number – To be confirmed.

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. The track to Willsworthy Camp is adjacent to Beardon Farm (on the other side of the road). Proceed through 2 sets of gates onto Moor. Set up the camp between the 2 walls.
Do NOT drive to the range gate.
2. Ensure that parking is sensible and does not block the access to the campsite or the building.
3. Other units may be using the Willsworthy Camp. We have access to the outside tap for water only.
4. On arrival, contact the unit resident in the adjacent building and ensure they are aware that a campsite is being set up and that teams will use the external tap. (The tap is under the roof adjacent to a doorway on the left as you approach the building).
5. All teams should report in at this Checkpoint where the route cards are collected. Teams may book out from 0700 hrs in the morning when their day 2 routecards should be issued.
6. Keep a detailed list of all teams, which arrive at your checkpoint, including times.
7. Assume that after 0745 all teams left behind do not wish to continue.
8. Advise the OIC RAF Ten Tors Trg once all teams have left the site. The OIC RAF Ten Tors Trg will advise you when the checkpoint may close. Return your checkpoint packs to OIC RAF Ten Tors Trg.
9. After departure of the teams on Sunday morning, use all dropouts to ensure that no litter is left behind.
10. Advise the OIC RAF Ten Tors Trg of any changes needed to this Appendix.
11. Regularly patrol the campsite and ensure that teams do sleep. Be wary of where teams are lighting stoves. **NB - There is to be no open fires and alcohol is not to be consumed in the campsite.**
12. Advise teams of the position of your tent's location so that you can be advised of problems arising during the night.
13. Check route cards against team in morning for further fallouts and team members re-joining the teams. Ensure that this information is conveyed to control.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **GREAT LINKS TOR (551868)**

MANNING HOURS: DAY 2: From 0730 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 **Ext 3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW

1. Park on the track beside the Dartmoor Inn (524854) and walk to the Great Links Tor.
Do not enter Willsworthy Range
2. Set up your checkpoint at the tor.
3. All teams should report in at this Checkpoint. Discourage any participants from falling-out unless they are injured or ill. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
4. The teams start at 0700 hrs so be sure you have set up your checkpoint before they arrive.
5. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return checkpoint pack to the OIC RAF Ten Tors Trg.
6. Advise the OIC RAF Ten Tors Trg of any changes needed to this appendix.
7. Transport any fall-outs to Okehampton and ensure that they are checked in on arrival.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **KITTY TOR (568875)**

MANNING HOURS: DAY 2: From 0800 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 **Ext 3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW

1. Either park on the track beside the Dartmoor Inn (524854) and walk to the Great Links Tor then onto Kitty Tor, or consider being dropped off at OP 15 (GR 603878) and walking in. **Do not enter Willsworthy Range**
2. Set up your checkpoint near the top of the Tor.
3. Discourage any participants from falling-out unless they are injured or ill. Keep a detailed list of all teams which pass through your checkpoint including times and details of dropouts.
4. The teams start at 0700 hrs so be sure you have set up your checkpoint before they arrive.
5. No team may proceed with fewer than 4 members. The remainder may be linked with another team.
6. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return checkpoint pack to the OIC RAF Ten Tors Trg.
7. You have responsibility for the Staff/Managers manning **Sandy Ford** river crossing, including keeping them informed if EXERCISE HOLD, EXERCISE WITHDRAWEL are in force as well as stand down times etc.
8. Advise the OIC RAF Ten Tors Trg of any changes needed to this appendix.
9. Transport any fall-outs to Okehampton and ensure that they are checked in on arrival.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **SOURTON TOR (543898)**

MANNING HOURS: DAY 2: From 0800 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 Ext **3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW

- 1 Park at the Pewley Water Works (GR 545910) and walk to the Tor.
- 2 45 and 55 teams should report in at this Checkpoint. Discourage teams and individuals from falling out except in the case of illness or physical injury.
- 3 Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
- 4 All fall-outs are to be returned to Okehampton Camp (591932).
- 5 No team may proceed with fewer than 4 members. The remainder may be linked with another team.
- 6 You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
- 7 Advise the OIC RAF Ten Tors Trg of any changes needed to this appendix.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **DINGER TOR (586882)**

MANNING HOURS: DAY 2: From 0830 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 Ext **3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW

1. Park at OP15 and walk to the Tor. Under no circumstances are you to drive to the Tor.
2. Only 35 and 55 teams should report in at this Checkpoint. Discourage teams and individuals from falling out except in the case of illness or physical injury.
3. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts
4. All fall-outs are to be returned to Okehampton Camp (591932).
5. No team may proceed with fewer than 4 members. The remainder may be linked with another team.
6. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
7. Advise the OIC RAF Ten Tors Trg of any changes needed to this appendix.

RAF DARTMOOR TRAINING WEEKEND

CHECKPOINT INFORMATION: **OP 15 (603878)**

MANNING HOURS: DAY 2: From 1000 hrs until stood down.

BASE CAMP TELEPHONE: 01837-52241 Ext **3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW

1. Park beside the track at **603878**.
2. Only 55 Mile teams should pass through this checkpoint. Discourage teams and individuals from falling out except in the case of illness or physical injury.
3. Keep a detailed list of all teams, which pass through your checkpoint, including times and details of dropouts.
4. All fall-outs are to be returned to Okehampton Camp (591932).
5. No team may proceed with fewer than 4 members. The remainder may be linked with another team once you have recorded their names.
6. On Day 2 you may close your checkpoint as soon as the last team has passed and with authority of the OIC RAF Ten Tors Trg. Please inform the last teams as they check in that you intend doing this.
7. Advise the OIC RAF Ten Tors Trg as soon as possible when your checkpoint closes. Return your checkpoint packs to the OIC RAF Ten Tors Trg.

RAF DARTMOOR TRAINING WEEKEND

RIVER CROSSING INFORMATION: **STEEPERTON GORGE HEAD (619897)**

MANNING HOURS: DAY 1: From 0730 hrs until stood down

BASE CAMP TELEPHONE: 01837-52241 **Ext 3280**

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park beside the road at 605897 and walk to the river junction. Erect your tent on the Oke Tor side of the river.
2. All teams are scheduled to pass through this river crossing point. You are to monitor the crossing points to ensure all teams progress safely.
3. In the event of adverse weather, if you become concerned over the level of the river, telephone the OIC RAF Ten Tors Trg as soon as possible.
4. Keep a detailed list of all teams which pass through your checkpoint, including times.
5. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
6. Advise OIC RAF Ten Tors Trg of any changes needed to this appendix.

RAF DARTMOOR TRAINING WEEKEND

RIVER CROSSING INFORMATION: **WALLA BROOK (628874)**

MANNING HOURS: DAY 1: From 0745 hrs until stood down

BASE CAMP TELEPHONE: 01837-52241 Ext 3280

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park at 610883 and walk to the river crossing point.
2. All teams are scheduled to pass through this river crossing point. You are to monitor the crossing points to ensure all teams progress safely.
3. In the event of adverse weather, if you become concerned over the level of the river, telephone the OIC RAF Ten Tors Trg as soon as possible.
4. Keep a detailed list of all teams which pass through your checkpoint, including times.
5. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
6. Advise OIC RAF Ten Tors Trg of any changes needed to this appendix.

RAF DARTMOOR TRAINING WEEKEND

RIVER CROSSING INFORMATION: **SANDY HOLE PASS (622814)**

MANNING HOURS: DAY 1: From 1000 hrs until stood down

BASE CAMP TELEPHONE: 01837-52241 Ext 3280

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park at Postbridge and walk to up the track to the left of the East Dart River onto the moor, cross Broad Down and walk to the river crossing point.
2. All Teams are scheduled to call at this checkpoint. You are to monitor the crossing points to ensure all teams progress safely. To avoid sensitive bird nesting areas you are to advise all Teams once crossed at Sandy Hole Pass that they are to follow the river SE for approx 1 km beyond waterfall where river bends due East, then take a bearing for Lower White Tor.
3. In the event of adverse weather, if you become concerned over the level of the river, telephone the OIC RAF Ten Tors Trg as soon as possible.
4. Keep a detailed list of all teams which pass through your checkpoint, including times.
5. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
6. Advise OIC RAF Ten Tors Trg of any changes needed to this appendix.

RAF DARTMOOR TRAINING WEEKEND

RIVER CROSSING INFORMATION: **TAVY CLEAVE (566833 & 561840)**

MANNING HOURS: DAY 1: From 1115 hrs until stood down

BASE CAMP TELEPHONE: 01837-52241 Ext 3280

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. The track to Willsworthy Camp is adjacent to Beardon Farm (on the other side of the road). Proceed through 2 sets of gates onto Moor. Park here (GR 522839). Do NOT drive to the range gate. Walk up the track to Hare Tor passing over the saddle just north of Hare Tor (Avoid the Tor itself as it is a bird sensitive area). Follow the track down to the river junction in Tavy Cleave, here you have 2 crossing points to monitor (Amicombe Brook and Rattle Brook) ensure the Teams avoid the bird sensitive areas.
2. All teams are scheduled to pass through this river crossing point. You are to monitor the crossing points to ensure all teams progress safely.
3. In the event of adverse weather, if you become concerned over the level of the river, telephone the OIC RAF Ten Tors Trg as soon as possible.
4. Keep a detailed list of all teams which pass through your checkpoint, including times.
5. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
6. Advise OIC RAF Ten Tors Trg of any changes needed to this appendix.

APPENDIX 21 TO
ANNEX C TO
ADMIN ORDER 01/09
DATED 26 FEB 09

RAF DARTMOOR TRAINING WEEKEND

RIVER CROSSING INFORMATION: **SANDY FORD (574878)**

MANNING HOURS: DAY 2: From 0815 hrs until stood down

BASE CAMP TELEPHONE: 01837-52241 Ext 3280

NB. NO VEHICLE MAY BE TAKEN MORE THAN 15 METRES OFF A TARMAC ROAD EXCEPT AS INDICATED BELOW.

1. Park at OP15 (GR 603878) and walk to the river crossing point.
2. 35 and 55 Teams are scheduled to call at this checkpoint. You are to monitor the crossing points to ensure all teams progress safely. Be aware this river crossing is within a bird sensitive area, try to keep teams on paths and urge them not to stop in the valley.
3. In the event of adverse weather, if you become concerned over the level of the river, telephone the OIC RAF Ten Tors Trg as soon as possible.
4. Keep a detailed list of all teams which pass through your checkpoint, including times.
5. You are to advise the OIC RAF Ten Tors Trg once all of the scheduled teams have passed through your checkpoint. Control will advise when the checkpoint may close. Return your checkpoint packs to the OIC RAF Ten Tors Trg.
6. Advise OIC RAF Ten Tors Trg of any changes needed to this appendix.

MANPOWER ALLOCATION - RAF TRAINING WEEKEND

SER NO	DATE	CHECKPOINT	GRID REF	MANNING PARTY	MANNING HOURS
1	DAY 1	OKEHAMPTON CAMP	592 932	P&CW	ALL DAY
2	DAY 1	OKE TOR	613 900	2386 Sqn ATC	0715
3	DAY 1	<i>Steeperton Gorge Head</i>	619 897	2386 Sqn ATC	0730
4	DAY 1	SHILSTONE TOR	658 902	2342 Sqn ATC	0745
5	DAY 1	<i>Walla Brook</i>	628 874	186 Sqn ATC	0745
6	DAY 1	WATTERN TOR	629 868	186 Sqn ATC	0745
7	DAY 1	SITTAFORD TOR	633 830	41 Sqn ATC	0830
8	DAY 1	<i>Sandy Hole Pass</i>	622 814	299 Sqn ATC	1000
9	DAY 1	LOWER WHITE TOR	619 792	1322 Sqn ATC	1000
10	DAY 1	BEARDOWN	602 773	PCW	1015
11	DAY 1	CONIES DOWN	588 791	D&SW	1015
12	DAY 1	LYNCH TOR	565 806	2381 Sqn ATC	1030
13	DAY 1	<i>Tavy Cleave</i>	566 833 & 561 840	1011 Sqn ATC	1115
14	DAY 1	HARE TOR	551 843	874 & 932 Sqns ATC	1115
15	DAY 1/2	WILLSWORTHY (OVERNIGHT CAMP)	522 839	P&CW Support Staff	0630-2359 0001-1000
16	DAY 2	GREAT LINKS TOR	551 868	2386 Sqn ATC	0730
17	DAY 2	KITTY TOR	568 875	299 Sqn ATC	0800
18	DAY 2	SOURTON	543 898	41 Sqn ATC	0800
19	DAY 2	<i>Sandy Ford</i>	574 878	874 & 932 Sqns ATC	0815
20	DAY 2	DINGER TOR	586 882	1011 Sqn ATC	0830
21	DAY 2	OP 15	603 878	2342 Sqn ATC	1000
22	DAY 2	OKEHAMPTON CAMP	592 932	P&CW	ALL DAY

Tor party personnel are to ensure that they are adequately equipped and have food and water to sustain a prolonged stay in the outdoor environment.

CHECKPOINTS WILL BE MANNED FROM THE STATED TIMES AND CAN ONLY BE CLOSED DOWN WITH PERMISSION FROM THE OIC RAF TEN TORS TRG.

ANNEX E TO
ADMIN ORDER 01/09
DATED 26 FEB 09

DIRECTING STAFF FOR RAF TRAINING WEEKEND

Flt Lt K N Scott

OIC RAF Ten Tors Trg

WO P Freeman

Scrutineer/Safety Team

Flt Sgt S Saxton

Dep OIC RAF Ten Tors Trg

Flt Sgt J Williams

Scrutineer/Safety Team

Chf Tech S Copeland

Driver

Chf Tech S Curtis

Scrutineer/Safety Team

Sgt S Woods

Driver

Mrs S Briggs

Scrutineer/Safety Team

Mr M Howard

Scrutineer/Safety Team

Sqn Ldr (VR) F Reis

Scrutineer/Safety Team

Mr S McCaffery

Scrutineer/Safety Team

Fg Off(VR) P Thomas

Scrutineer/Safety Team

Mr W Davies

Scrutineer/Safety Team

MOD Saudi Arabian Project
SO3 Tor Prop
RAF High Wycombe DOSG
HMS Nelson DCTS
RAF Brampton JARIC
MOD Saudi Arabian Project
Chf Tech Hawk
DE&S S&E AIR CASD PSI PT4
DCAE Cosfrod TMT

MINIMUM COMPULSORY EQUIPMENT

1. This Annex is taken directly from the official Ten Tors web site and details the list that will be used by the Scrutineers on the Fri evening. Whilst not wishing to prescribe individual manufacturers, examples are given to assist team members and managers in getting the clothing list correct before Ten Tors. The list is sub-divided into the following areas:

- | | |
|---|-----------------------------------|
| Team Equipment - provided by team members | To be carried irrespective of the |
| Individual Equipment | number of fallouts |

2. ALL the equipment and clothing listed below will be checked by the Scrutineers on the Friday of the Event and is liable to be checked at any time during the Event by Scrutineers (in which case the team's Route Card will be suitably annotated). Whilst team members may choose to wear other styles of clothing for the Event, they must carry everything listed below. Teams are strongly advised to work up their training schedules such that they are competent in carrying the full load - many teams / team members fallout simply through lack of stamina and experience of carrying such a load.

3. Teams are reminded that they must bring with them the following:

- A Route Card
- The official Ten Tors Map
- Instructions for Teams Participating in Ten Tors (FTT5)

TEAM EQUIPMENT - PROVIDED BY TEAM MEMBERS

4. Each TEAM must have:

Item	Quantity	Comments
SILVA type compass	2	Rule: Base plate to be at least 10 cms.
Torch	2	Rule: Normal filament torches are to have a minimum lens diameter of 3.5 cms; torches employing LEDs are to have a minimum of 2 x LEDs. 1 LED is acceptable if the LED is over 1 watt. One torch per tent group.
First Aid Kit	2	<i>Recommendation:</i> should include Band-Aid strips (6 cms wide), Zinc Oxide plaster (2.5 cm wide), 2 x 10 cm wide bandages, 2 x triangular bandages, 2 x Melolin gauze dressings, antiseptic wipes, blunt-nosed scissors, pain killers, Calamine cream, insect repellent, sunscreen. Individuals to carry blister treatment. All team members to be aware of contents of First Aid Kit.
Food	2 lunches, 2 main meals 1 Breakfast	Rule: at least 1 main meal must be hot. Convenience noodle-based food is not accepted as a main meal. This rule implies a stove and fuel; liquid fuel should be contained in a robust container with a secure stopper. <i>Recommendation:</i> Meals to be individually wrapped and labelled for easy identification.
Tent	x 2	Rule: to provide complete shelter for the entire team. Bivvy bags are not accepted. Tents are to be either of standard design (waterproof flysheet, non-waterproof inner and waterproof groundsheet) or a single skin waterproof design with built-in waterproof groundsheet.

INDIVIDUAL EQUIPMENT

5. Each **PARTICIPANT** must have:

Item	Quantity	Comments
Rucksack	1	<i>Recommendation:</i> to have a separate waterproof lining, no larger than 65 litres and a maximum loading of 35 lbs.
Waterproofs	1 jacket 1 trousers	Rule: jacket to have an attached hood. Both garments to have taped seams and to be of robust construction, these must be capable of keeping the wearer dry under very wet conditions over an extended period. Very lightweight waterproofs should be avoided as they offer no thermal insulation.
Warm headgear	1	Rule: should cover ears and top of head.
Footwear	1 pair	Rule: to offer ankle support and have a Vibram-type sole and must be in good condition.
Gloves	1 pair	Rule: To offer protection to the whole hand, fingerless style gloves are not acceptable.
Sleeping bag	1	Rule: to be in a waterproof bag. Should have a temperature rating to support user down to comfort of 0 degrees Celsius.
Water containers	1	<i>Recommendation:</i> to be of stout construction and with a good stopper. All water carrying systems are acceptable providing that they are serviceable, platypus type with a separate hard bottle provides an effective system, total capacity of 2 litres.
Whistle	1	<i>Recommendation:</i> Team members to be aware of distress and response signals.
Water sterilisation tablets	48 hours supply	Rule: to be in date, iodine or chlorine. <i>Recommendation:</i> To be carried in a rucksack pocket to be quickly accessible.
Survival bag	1	Rule: of body length and manufactured from heavy duty plastic (garden fertiliser bag material thickness). Aluminium space blankets are NOT acceptable. Team members to be aware of method of use.
Sleeping Mat	1	Rule: Rolled, thermal insulated and of body length. If carried on outside of rucksack to be in a waterproof bag.
Reserve Food Pack	1	Rule: for emergency use only and to be individually wrapped and labelled. To contain hot drink, high-energy foodstuffs enough to sustain user for an additional night on the moor.

Item	Quantity	Comments
CLOTHING		
Socks	2 pair	<i>Recommendation:</i> Duplicate of set normally used when walking.
Base layer	2	<i>Recommendation:</i> Wicking type preferred; Cotton T-shirt is acceptable for base layer but not preferred.
Shirt	2	Rule: Long sleeved and of substantial material. Thick rugby shirt, microfleece or sweatshirt are the acceptable minimum.
Trousers	2 pair	Rule: To be robust and wind proof. Typical acceptable standard is Army style lightweight green trousers. Tracksters will ONLY be acceptable if EACH pair is accompanied by a set of thermal trousers.
Jersey or Fleece Jacket	2	Rule: 2 lighter jerseys (e.g. sweatshirt) can be substituted in lieu of 1 thick "jersey" or thick "fleece jacket".
N.B.		
<p>Rule: Half of the above Clothing is to be wrapped in waterproof bags as "Spare Clothing"; both halves of clothing are to be of similar standard.</p> <p><i>Recommendation:</i> All spare clothing should be in separate substantial waterproof bags and clearly labelled with contents. Freezer Ziploc bags for food are very good for this purpose.</p>		

Teams may carry mobile phones and GPS during the training weekend however, their use during the actual event is restricted for mobile phones and prohibited for GPS.

ANNEX G TO
 ADMIN ORDER 01/09
 DATED 26 FEB 09

TEAM AND SUPPORT STAFF INFORMATION SHEET

Please add team number, team name, names of team members, colour of tents, mobile telephone contact numbers and any existing medical condition (e.g. Asthma) or allergic reactions that could have an implication in treatment.

TEAM NUMBER		TEAM NAME	
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TEAM MANAGER		MOBILE NUMBER	
---------------------	--	----------------------	--

VEHICLE TYPE & REG No		MEDICAL INFO	
----------------------------------	--	---------------------	--

SUPPORT STAFF		MOBILE NUMBER	
----------------------	--	----------------------	--

VEHICLE TYPE & REG No		MEDICAL INFO	
----------------------------------	--	---------------------	--

	NAME (M/F)	MOBILE NUMBER	TENT COLOUR	MEDICAL INFO
TEAM LEADER				
NAV				

ANY OTHER RELEVANT TEAM INFORMATION:

ANNEX J TO
ADMIN ORDER 01/09
DATED 26 FEB 09

RAF TEN TORS TRAINING WEEKEND FOUL WEATHER ROUTE

1. If the weather conditions deteriorate prior to, or throughout the RAF Ten Tors Training Weekend, OIC RAF Ten Tors Trg in consultation with his Safety Team can utilize the option of changing the planned route at Annex C to the Foul Weather Route below.
2. In the event of utilizing the Foul Weather Route, all teams will be transported to the public car park at Princetown where routes will be distributed and a responsible adult allocated to each team for the duration of the walk.
3. Teams will then depart at 5 minute intervals following the allocated route shown within the table below.
4. Only the following Checkpoints will be manned in order to ascertain the condition and welfare of the teams:
 - a. Path/Road Junction, Rundlestone.
 - b. Black Tor.
 - c. Whiteworks.
5. All Checkpoints will be manned until all teams have been accounted for at the next checkpoint.
6. If the OIC RAF Ten Tors Training intends to utilize the Foul Weather Route, he must first inform the Duty Officer at 43 Wx Bde at Okehampton Camp and the local authorities (Police, DRG).

AF TEN TORS TRAINING WEEKEND FOUL WEATHER PROGRAMME

Checkpoint	CHECKPOINT NUMBERS			ROUTE ALPHA (Distances in Km)			ROUTE BRAVO (Distances in Km)			ROUTE CHARLIE (Distances in Km)		
	A	B	C	Distance from last checkpoint	Cumulative distance	Distance from last checkpoint	Cumulative distance	Distance from last checkpoint	Cumulative distance	Distance from last checkpoint	Cumulative distance	
PRINCETOWN CAR PARK												
NORTH HESSARY TOR	1	1	1	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
PATH/ROAD JUNC RUNDLESTONE	2	2	2	0.9	1.9	0.9	1.9	0.9	1.9	0.9	1.9	1.9
YELLOWMEADE FM	3	3	3	1.5	3.4	1.5	3.4	1.5	3.4	1.5	3.4	3.4
KINGS TOR	4	4	-	2.6	6.0	2.6	6.0	2.6	6.0			
BLACK TOR	5	5	4	3.4	9.4	3.4	9.4	3.4	9.4	2.9	6.3	6.3
DEVONPORT LEAT AQUADUCT	6	6	5	0.4	9.8	0.4	9.8	0.4	9.8	0.4	6.7	6.7
CRAZY WELL POOL	7	7	6	1.3	11.1	1.3	11.1	1.3	11.1	1.3	8.0	8.0
WHITEWORKS	8	8	7	2.4	13.4	2.4	13.4	2.4	13.5	2.4	10.4	10.4
SOUTH HESSARY TOR	9	9	8	1.5	15.0	1.5	15.0	1.5	15.0	1.5	11.9	11.9
PRINCETOWN CAR PARK	10	10	9	1.9	16.9	1.9	16.9	1.9	16.9	1.9	13.8	13.8

ANNEX H TO
ADMIN ORDER 01/09
DATED 26 FEB 09

23. Risk Assessment⁷

Unit/Formation: MoDSAP		Assessor: Flt Lt Scott				
Activity/Exercise: WALKING - TENTORS		Date of Assessment: 26 Feb 09				
Relevant Publications/Pamphlets/procedures: AP3342		Review Date: 3 Apr 09				
Steps Relate to the Risk Assessment Process						
		Generic Risk Assessment: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>				
Ser No	Activity/Element	Hazards Identified	Existing Controls	Residual Risk Acceptable	Additional Controls	Residual Risk Acceptable
	Step 1	Step 2	Step 3	Step 4	Step 5	Step 6
(a)	(b)	(c)	(d)	(e)	(f)	(g)
1	HILL WALKING - DARTMOOR	INCLEMENT WEATHER	Weather forecast obtained by all personnel Participants briefed on actions to take when weather deteriorates Participants briefed on escape routes and contact details of control staff.	NO	Kit Check by Scrutineers Prior to Departure Activities will be cancelled on forecast of extreme weather conditions	YES
2	HILL WALKING - DARTMOOR	SLIPS, TRIPS AND FALLS	Correct footwear worn. Teams to carry first aid kits. Accident procedure explained.	YES	Kit Check by Scrutineers Prior to Departure	YES
3	HILL WALKING - DARTMOOR	GETTING LOST	Route plan submitted by each team - Safety teams on the moor. Participants briefed on escape routes Participants to carry emergency rations, whistle and overnight equipment.	NO	Each checkpoint manned. Tor party have radio contact with OIC RAF Ten Tors Tgr and will update on the progress of each Group.	YES

Ser No	Activity/Element	Hazards Identified	Existing Controls	Residual Risk Acceptable Step 4	Additional Controls	Residual Risk Acceptable Step 6
	Step 1	Step 2	Step 3	Step 4	Step 5	Step 6
(a)	(b)	(c)	(d)	(e)	(f)	(g)
4	HILL WALKING - DARTMOOR	GETTING LOST	All teams carry maps and compasses. Prior training undertaken.	YES	Safety teams patrolling the Moor and following the routes.	YES
5	HILL WALKING - DARTMOOR	LIVE FIRING RANGES	During the Trg Weekend no Live Firing will take place. Additionally, Participants are briefed as to where the Ranges are and how they are marked and advised to avoid these areas.	YES		YES
6	HILL WALKING - DARTMOOR	UNEXPLODED ORDNANCE	Participants are warned of the Danger and instructed not to touch any metal objects.	YES	Safety teams patrolling the Moor and following the routes.	YES
7	HILL WALKING - DARTMOOR	HUNGER/ THIRST	Teams self sufficient with food and water for overnight camp.	NO	Kit checked prior to departure by Scrutineers.	YES
8	HILL WALKING - DARTMOOR	FATIGUE	Prior training has been undertaken under the supervision of the Team Manager.	NO	Check point party will retain and take off withdrawn individuals.	YES
9	HILL WALKING - DARTMOOR	FLOWING WATER	Participants are trained to select suitable crossing points on small streams Participants are to work as a team.	NO	Participants are directed not to cross flowing water that is above the knee	YES

Serial No	Activity/Element	Hazards Identified	Existing Controls	Residual Risk Acceptable Step 4	Additional Controls	Residual Risk Acceptable Step 6
	Step 1	Step 2	Step 3	Step 4	Step 5	Step 6
(a) 10	(b) HILL WALKING - DARTMOOR	(c) CONTAMINATED WATER	(d) Participants are trained about where to take water from and water purification tablets are included in the kit list. Participants are instructed to read the tablet instructions.	(e) YES	(f) Kit Check by Scrutineers Prior to Departure	(g) YES
11	HILL WALKING - DARTMOOR	ROAD WALKING	Participants are to avoid roads if at all possible. If there is no alternative, participants are to walk on the right hand side facing oncoming traffic. In poor visibility lights must be present at the front and rear of the group.	YES		YES
12	HILL WALKING - DARTMOOR	UNDISCLOSED MEDICAL PROBLEMS	Parental consent forms are to be completed at ATC level for under 18 year olds, disclosing medical problems. Participants are encouraged to inform other team members of medical issues.	YES	Team's Staff are encouraged to inform other staff members of all possible medical issues.	YES

Ser No	Activity/Element	Hazards Identified	Existing Controls	Residual Risk Acceptable Step 4	Additional Controls	Residual Risk Acceptable Step 6
	Step 1	Step 2	Step 3	Step 4	Step 5	Step 6
(a)	(b)	(c)	(d)	(e)	(f)	(g)
13	HILL WALKING - DARTMOOR	DRIVING/ TRANSPORT	Minibuses are fitted with seatbelts and all participants are instructed to use them while the vehicle is in motion. Driver's duty period is not to exceed 12 hours. No smoking or cooking in tents allowed.	YES	2 Designated drivers will be appointed both of which hold FMT600 for the vehicle.	YES
14	HILL WALKING - DARTMOOR	FIRE HAZARD		YES	Supervising Staff remain on campsite overnight. Fire Extinguishers to be situated centrally on the overnight campsite.	YES
15	HILL WALKING - DARTMOOR	COOKING ON STOVES	Teams will have been trained by the Team managers on the correct operating procedures	YES	Supervising staff will remain on camp site overnight	YES
Existing and Additional Controls Agreed			HOWIE D	Sqn Ldr	Original Signed	<i>[Signature]</i>
Additional Controls Implemented						

7 Safety in Military Training Exercise – Military Training Risk Assessment Proforma, JSP 375, Vol 2, Leaflet 11, Annex B, Appendix 1.